

Elementary Religious Education Standards of Learning

Grades Preschool—8

Textbooks Approved for use in Arlington Diocese:

Faith and Life, Ignatius Press

Alive in Christ, Our Sunday Visitor

Christ our Life, Loyola

Spirit of Truth, Sophia Press

Note: each grade builds on the previous one. Students are responsible for all content, up to and including their current grade level.

**Review Assessments (and Answer Keys) and
Database of Glossary available at**

www.arlingtondiocese.org

7. FOURTH GRADE

Standards of Learning

Creed

- If teaching the Old Testament: teach the Prefigurations of Christ in the Old Testament, including: Adam, Abraham/Isaac, Moses, David*
- Evil entered the world through the sin of our first parents, Adam and Eve
- God the Father promised a Savior, Who is Jesus Christ
- Teach the Incarnation
- Jesus is the Savior
 - Jesus fulfills the Old Testament prophecies and types of the Christ and Savior
 - Jesus taught us about God and worked miracles as God
 - Jesus told parables to teach people about the Kingdom of God and to invite them to it
 - Jesus worked miracles to show that He is God and the Kingdom is present in Him. His miracles were to gather people into the Kingdom of God
 - Jesus ushered in God's Kingdom and founded the Church, where Jesus reigns on earth
- Jesus founded the Catholic Church and made Peter the first pope
- Jesus reveals God to us perfectly because Jesus is God the Son. He taught us about God through His life, actions, and words
- Students should study the life and teaching of Jesus in the Gospels, with an emphasis on Jesus as the Christ, and His Kingdom

Sacraments

Sacraments of Initiation are Baptism, Confirmation and Eucharist

Sacraments of Healing are Penance and Anointing of the Sick

Sacraments of Service to the Church are Holy Orders and Matrimony

Baptism

Review Grade 1 and 3 for Baptism. Note: Baptism can be received only once.

Optional: teach the students the three holy oils (prefigured in the Old Testament with prophets, priests and kings):

- 1) *Oil of Catechumens,*
- 2) *Sacred Chrism, and*
- 3) *Oil of the Infirm.*

Note: Sacred Chrism is used to anoint in the Sacraments of Baptism, Confirmation and Holy Orders; all confer an indelible seal on the soul.

Baptism confers a right and duty to live the life of grace.

Confirmation

Definition: The Sacrament of Confirmation confers the outpouring of the Holy Spirit and His gifts upon the recipient, strengthening their baptismal grace so they may spread and defend the Faith.

Eucharist

Review the Mass. If teaching the Old Testament, compare the Mass to the Passover celebration.

Penance

Review the Sacrament of Penance and the Rite of Penance (Gr. 2).

New: Effects:

- We unite ourselves with Christ through our penance
- We are better prepared for our final judgment

Children must be given an opportunity to receive the Sacrament of Penance every year during Lent.

Anointing of the Sick

Definition: The Sacrament of Anointing of the Sick of the elderly or seriously ill unites the sick person with the suffering Christ in preparation for eternal glory.

Moral Life

- Review sin (see Grades 2 and 3)
- Review the Ten Commandments and teach the children to do an examination of conscience that is age-appropriate. Students should know these by heart and in order
- Teach that occasions of sin are any person, place, or thing that we know might lead us to sin. We must avoid occasions of sin
- Prayer helps us in time of temptation
- Virtues are good spiritual habits

Note: The Beatitudes (may be taught in Grade 6 or 7)

- Teach and have the students memorize the Beatitudes (Matthew 5:12):
 - Blessed are the poor in spirit, for theirs is the kingdom of Heaven
 - Blessed are they who mourn, for they shall be comforted
 - Blessed are the meek, for they shall inherit the earth
 - Blessed are they who hunger and thirst for righteousness, for they shall be satisfied
 - Blessed are the merciful, for they shall obtain mercy
 - Blessed are the pure of heart, for they shall see God
 - Blessed are the peacemakers, for they shall be called children of God
 - Blessed are they who are persecuted for righteousness' sake, for there is the kingdom of Heaven

Optional: If teaching the Old Testament in grade 4, introduce the corporal works of mercy:

- *Feed the hungry*
- *Give drink to the thirsty*
- *Clothe the naked*
- *Shelter the homeless*
- *Visit the sick*
- *Visit the imprisoned*
- *Bury the dead.*

Prayer

- Students will memorize the Acts of Faith, Hope, and Charity
- Students will begin to learn how to pray the Rosary (at least a decade)

Catechist Guide to Grade 4

Creed

- Review the Trinity (Gr 1-3)
- If teaching the Old Testament: teach the Prefigurations of Christ in the Old Testament, including: Adam, Abraham/Isaac, Moses, David
- Human beings are made of both a body and soul, and we are made in the image of God. The two main powers of the soul are the intellect (we have the ability to think) and the will (the ability to make choices)—and to love
- Evil entered the world through the sin of our first parents, Adam and Eve
- God the Father promised a Savior, Who is Jesus Christ
- Teach the Incarnation:
 - Jesus is God the Son, the Second Divine Person of the Blessed Trinity; as God Jesus always existed
 - Jesus took His human nature from the Blessed Virgin Mary, who was preserved from Original Sin and filled with grace (this dogma is called the Immaculate Conception)
 - As man, Jesus began to exist from the moment of the Incarnation (when Jesus was conceived by the power of the Holy Spirit in the womb of the Virgin Mary, His Mother)
 - Joseph is the foster-father of Jesus, Whose true Father is God the Father, the First Divine Person of the Blessed Trinity
 - Jesus is true God and true Man; Jesus has two natures: a human nature (comprised of a body and rational soul unity) and a divine nature (that which is God)
 - Suggested:
 - *The union of the two natures in Christ is called the “hypostatic union”*
 - *Jesus’ human nature is like ours: Jesus took on a body and a rational soul—without compromising His Divinity*
 - Jesus is a Divine Person, namely: God the Son
 - Out of love for us, Jesus suffered and died (His body and soul separated) for our sins
 - Jesus was buried and descended to hell/the dead to proclaim the Good News to the dead and to open the gates of Heaven to the just
 - On the third day (after the Crucifixion), Jesus rose again (taking up His body, now glorified); this is called the Resurrection
 - Jesus’ Resurrection proves His works and teaching, His power and Divine authority
 - By Jesus’ death, we are freed from sin and death, by His rising opens the way to new life for us
 - When Jesus went to Heaven (the Ascension), His glorified human nature entered His eternal glory in Heaven
 - Jesus will come again to judge the living and the dead
 - *Review Immediate judgment at the time of death:*
 - *Those who die in unrepentant mortal sin will go to hell*
 - *Those who die in the state of grace, united with God, will go to Heaven*

- *Many who die in the state of grace must be purified from venial sins or make reparation for past forgiven sin (the temporal punishment due to sin)—these souls will go to Purgatory to be purified, and then they will go to Heaven*
- New: At the end of time, Jesus will come again and judge all the living and the dead; this is the general judgment.
 - The dead shall rise and their bodies will be reunited with their souls to share in their eternal reward
 - There will be a new Heaven and earth
 - God’s reign will be perfect and complete
- Jesus is the Savior
 - Jesus fulfills the Old Testament prophecies and types of the Christ and Savior
 - Jesus taught us about God and worked miracles as God
 - Jesus told parables to teach people about the Kingdom of God and to invite them to it
 - Jesus worked miracles to show that He is God and the Kingdom is present in Him. His miracles were to gather people into the Kingdom of God
 - *Review the Paschal Mysteries (see Grade 2)*
 - Jesus ushered in God’s Kingdom and founded the Church, where Jesus reigns on earth
- Jesus founded the Catholic Church and made Peter the first pope
 - The Church is the family of God, baptized followers of Jesus united in faith and worship under the direction of the Apostles with St. Peter as its head
 - Jesus gave the Church the Great Commission: to teach and baptize all nations
 - Together God the Father and God the Son sent God the Holy Spirit, Who is the Third Divine Person of the Trinity, to continue the work of Jesus in the Church
 - The Holy Spirit prepares men to draw them to communion with God
 - The Holy Spirit dispenses the grace Jesus won on the Cross through the Church, especially through the Sacraments
 - The Church offers the Mass, which is worship directed to the Father
- Jesus reveals God to us perfectly because Jesus is God the Son. He taught us about God through His life, actions, and words
- Students should study the life and teaching of Jesus in the Gospels, with an emphasis on Jesus as the Christ, and His Kingdom
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Sacraments

Teach the Sacrament of Initiation are Baptism, Confirmation and Eucharist

Teach the Sacraments of Healing are Penance and Anointing of the Sick.

Teach the Sacrament of Service to the Church are Holy Orders and Matrimony.

Baptism

Review Grade 1 and 3 for Baptism. Note: Baptism can be received only once.

Optional: teach the students the three holy oils:

- 1) Oil of Catechumens,
- 2) Sacred Chrism, and
- 3) Oil of the Infirm.

Baptism confers a right and duty to live the life of grace.

Confirmation

Confirmation is treated superficially until middle school. A first introduction may include:

Recommended Reading: Pentecost (Acts 2), Peter and John go to Samaria (Acts 8:14-17)

Definition: The Sacrament of Confirmation confers the outpouring of the Holy Spirit and His gifts upon the recipient, strengthening their baptismal grace so they may spread and defend the Faith.

Effects:

- More deeply roots in us the divine filiation (as adopted sons and daughters of God)
- Increases the gifts of the Holy Spirit in us, received in Baptism, including the virtues, Gifts of the Holy Spirit and Fruits of the Holy Spirit
- Perfects our bond with the Church (often completing our initiation, if received after the Eucharist)
- Gives us a special strength of the Holy Spirit to spread and defend the faith by word and action as true witnesses of Christ—to confess His Name, and never to be ashamed of the Cross

Note: Confirmation can be received only once.

Eucharist

Review the Mass. *If teaching the Old Testament, compare the Mass to the Passover celebration.*

Introduce students to Adoration of the Blessed Sacrament

Review genuflecting to the Eucharist.

Penance

Review the Sacrament of Penance and the Rite of Penance (Gr. 2).

New: Effects:

- We unite ourselves with Christ through our penance
- We are better prepared for our final judgment

Optional: teach the symbols in Confession, including the screen (we can be anonymous), the stole of the priest represents God's justice.

Children must be given an opportunity to receive the Sacrament of Penance every year during Lent.

Anointing of the Sick

The Anointing of the Sick is taught with greater detail in middle School. A first introduction may include:

Recommended Reading: Healing of Infirm (Mark 6:6-13, James 5:14-15)

Definition: The Sacrament of Anointing of the Sick of the elderly or seriously ill unites the sick person with the suffering Christ in preparation for eternal glory.

Note: This sacrament may be repeated more than once. This sacrament should be conferred after Sacramental Confession and be accompanied by the reception of Holy Communion. If a person is unconscious, they may receive the Anointing of the Sick. If they recover, the recipient should make a good confession of their sins.

Effects:

- Unites the suffering of the sick person with that of Christ for his own good and that of the Church (Note: this is an ideal time to teach the redemptive value of suffering)
- Strengthens the suffering to face trial (final perseverance)
- Absolves sin and prepares the soul for a happy death
- Heals the person (physically) if it is God's will
- Gives Apostolic pardon, which removes some or all temporal punishment due to sin

Optional: teach the symbols: oil (see Baptism), anointing of various parts of the body remind us we are part of the Mystical Body of Christ.

Moral Life

- Review sin (see Grades 2 and 3)
- Review the Ten Commandments and teach the children to do an examination of conscience that is age-appropriate
- Teach that occasions of sin are any person, place, or thing that we know might lead us to sin; we must avoid occasions of sin
- Prayer helps us in time of temptation
- Virtues are good spiritual habits

The Beatitudes (may be taught in Grade 6 or 7)

- Teach and have the students memorize the Beatitudes (Matthew 5:12):
 - Blessed are the poor in spirit, for theirs is the kingdom of Heaven
 - Blessed are they who mourn, for they shall be comforted
 - Blessed are the meek, for they shall inherit the earth
 - Blessed are they who hunger and thirst for righteousness, for they shall be satisfied
 - Blessed are the merciful, for they shall obtain mercy
 - Blessed are the pure of heart, for they shall see God
 - Blessed are the peacemakers, for they shall be called children of God
 - Blessed are they who are persecuted for righteousness' sake, for there is the kingdom of Heaven

Optional: If teaching the Old Testament in grade 4, introduce the corporal works of mercy: Feed the hungry, give drink to the thirsty, clothe the naked, shelter the homeless, visit the sick, visit the imprisoned, bury the dead.

Prayer

- Students will memorize the Acts of Faith, Hope, and Charity

Grade 4 Prayers to Memorize

Act of Faith

O my God! I firmly believe that Thou art One God in Three Divine Persons, the Father, the Son, and the Holy Spirit; I believe that Thy Divine Son became man, and died for our sins and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou has revealed them, Who canst neither deceive nor be deceived. Amen.

Act of Hope

O my God! Relying on Thine infinite goodness and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord, and Redeemer. Amen.

Act of Charity

O my God! I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all my love. I love my neighbor as myself for love of Thee. I forgive all who have injured me and ask pardon of all whom I have injured. Amen.

Grade 4 Assessments

Grade 4 End of Year Test

This test may be administered in sections and/or sent home for completion.

The Trinity (True or False):

- _____ 1. We believe in One God.
- _____ 2. God is Three Divine Persons.
- _____ 3. God the Father is the Creator.
- _____ 4. God the Son is the Sanctifier.
- _____ 5. God the Holy Spirit is the Redeemer.
- _____ 6. Jesus is God the Son become man.

Incarnation - Fill in the Blank:

WORD BANK		
Incarnation	Divine	God
Man	God	Natures

1. Jesus is a _____ Person.
2. Jesus has two _____.
3. Jesus is true _____ and true _____.
4. The mystery of God the Son become man is called the _____.
5. Jesus is _____ the Son.

The Church:

Choose your answer from the Word Bank:

Holy Spirit Jesus Church St. Peter Sacraments

Who founded the Catholic Church?

Who was the first pope?

What is the community of believers who are united in faith, worship under the direction of the Pope?

Who did God the Father and God the Son send upon the Church at Pentecost?

Through what seven things does the Holy Spirit give us grace?

Sacraments:

What are the three holy oils?

- 1)
- 2)
- 3)

Fill in the table with the names of the Sacraments.

Sacraments of Initiation	Sacraments of Healing	Sacraments of Service/Vocation
1.	1.	1.
2.	2.	2.
3.		

Moral Teaching:

List and Define the theological virtues:

- 1.
- 2.
- 3.

Write the Ten Commandments in order

1.

2.

3.

4.

5.

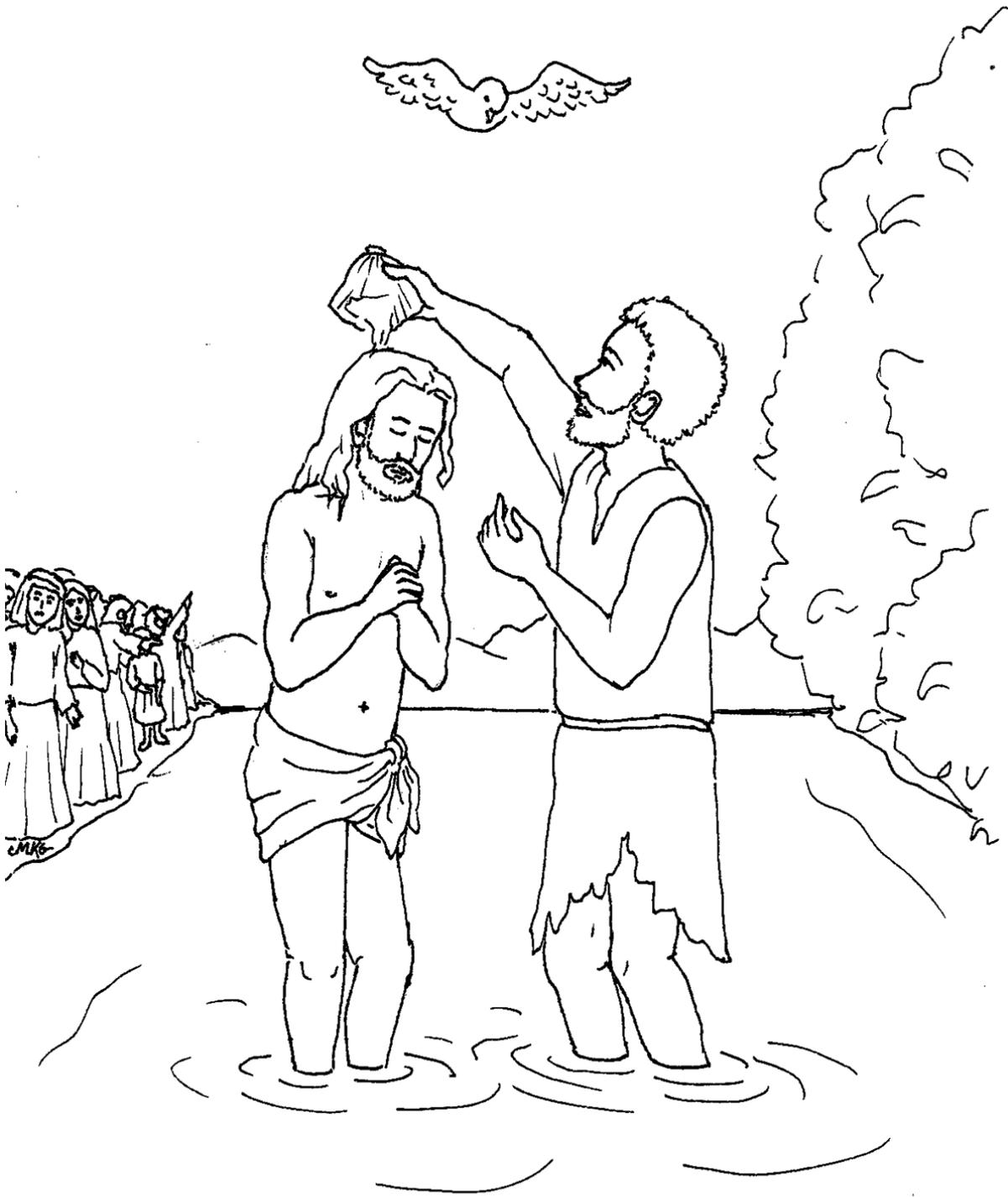
6.

7.

8.

9.

10.



This is My Beloved Son, in Whom I am well pleased.

Grade 4 End of Year Test – Answer Key

The Trinity (True or False):

- TRUE** 1. We believe in One God.
- TRUE** 2. God is Three Divine Persons.
- TRUE** 3. God the Father is the Creator.
- FALSE** 4. God the Son is the Sanctifier.
- FALSE** 5. God the Holy Spirit is the Redeemer.
- TRUE** 6. Jesus is God the Son become man.

Incarnation - Fill in the Blank:

WORD BANK			
Incarnation	Divine	God	Union
Man	Hypostatic	Natures	God

1. Jesus is a **DIVINE** Person.
2. Jesus has two **NATURES**.
3. Jesus is true **GOD** and true **MAN**.
4. The union of two natures in Jesus is called the **HYPOSTATIC UNION**.
5. The mystery of God the Son become man is called the **INCARNATION**.
6. Jesus is **GOD** the Son.

The Church:

Choose your answer from the Word Bank:

Holy Spirit Jesus Church St. Peter Sacraments

Who founded the Catholic Church?

JESUS

Who was the first pope?

ST. Peter

What is the community of believers who are united in faith, worship under the direction of the Pope?

Church

Who did God the Father and God the Son send upon the Church at Pentecost?

Holy Spirit

Through what seven things does the Holy Spirit give us grace?

Sacraments

Sacraments:

What are the three holy oils?

- 1) Oil of Catechumens
- 2) Oil of the Infirm
- 3) Sacred Chrism

Fill in the table with the names of the Sacraments.

Sacraments of Initiation	Sacraments of Healing	Sacraments of Service/Vocation
1. Baptism 2. Confirmation 3. Eucharist	1. Penance 2. Anointing of the Sick	1. Matrimony 2. Holy Orders

Moral Teaching:

List and Define the theological virtues:

- 1. Faith: To believe in God and His Revelation.
- 2. Hope: To trust in God and His promises, especially eternal life.
- 3. Charity: To love God above all things, and our neighbors for love of God.

Grade 4 Act of Faith Test

Act of Faith

O my God! I _____ believe that Thou art One _____ in Three _____ Persons, the _____, the _____, and the _____; I believe that Thy Divine Son became _____, and died for our _____, and that He will come to _____ the living and the dead. I _____ these and all the _____ which the Holy Catholic Church _____, because Thou has _____ them, Who canst neither _____ nor be deceived. Amen.



Grade 4 Act of Faith Test – Answer Key

Act of Faith

O my God! I **firmly** believe that Thou art One **God** in Three **Divine** Persons, the **Father**, the **Son**, and the **Holy Spirit**; I believe that Thy Divine Son became **man**, and died for our **sins**, and that He will come to **judge** the living and the dead. I **believe** these and all the **truths** which the Holy Catholic Church **teaches**, because Thou has **revealed** them, Who canst neither **deceive** nor be deceived. Amen.



Grade 4 Act of Hope Test

Act of Hope

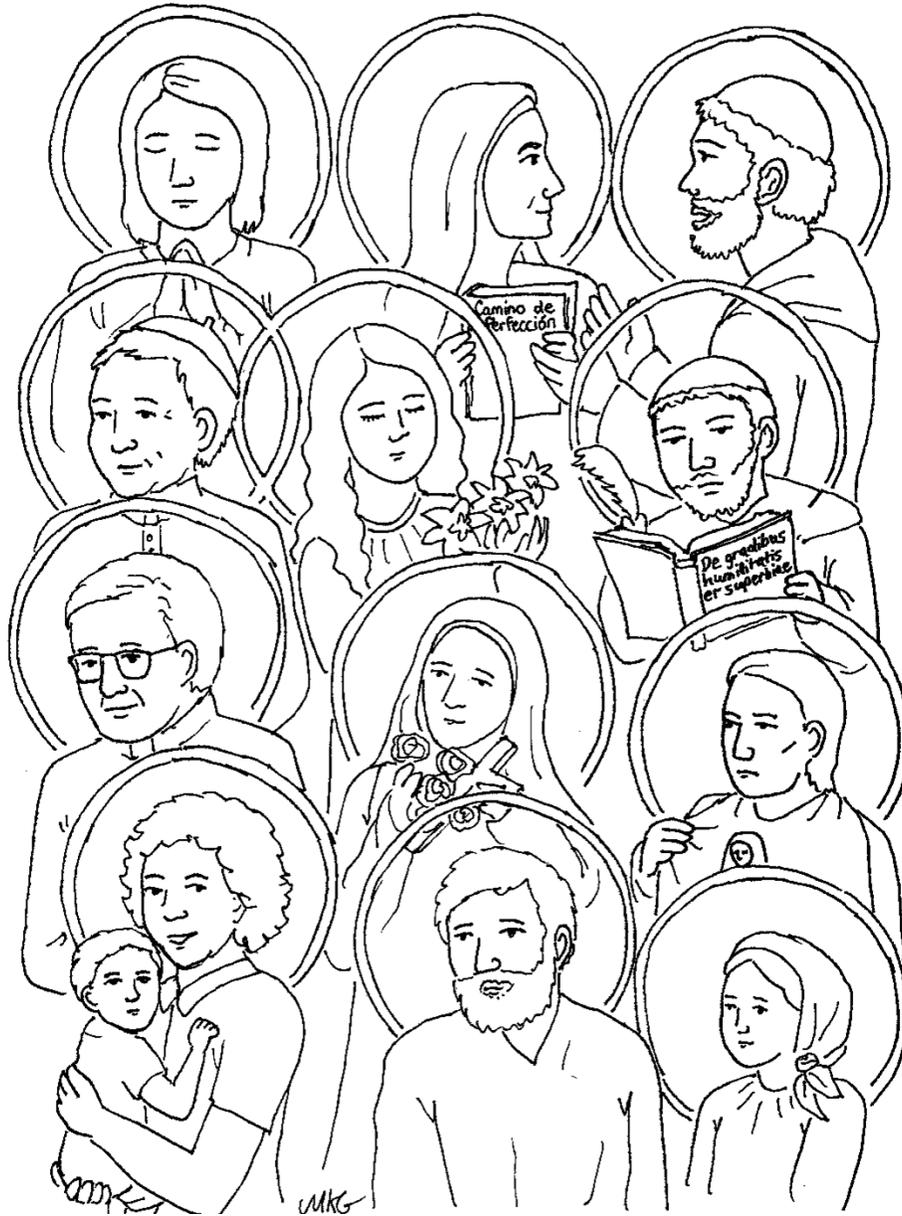
O my God! Relying on Thine infinite _____ and _____, I hope to obtain _____ of my sins, the help of Thy _____, and life _____, through the _____ of Jesus Christ, my _____, and Redeemer. Amen.



Grade 4 Act of Hope Test

Act of Hope

O my God! Relying on Thine infinite **goodness** and **promises**, I hope to obtain **pardon** of my sins, the help of Thy **grace**, and life **everlasting**, through the **merits** of Jesus Christ, my **Lord**, and Redeemer. Amen.



Grade 4 Act of Charity Test

Act of Charity

O my God! I _____ Thee above all _____, with my whole
_____ and _____, because Thou art all-good and
_____ of all my love. I love my _____ as
_____ for love of Thee. I _____ all who have
_____ me and ask _____ of all whom I have
_____. Amen.



Grade 4 Act of Charity Test

Act of Charity

O my God! I **love** Thee above all **things**, with my whole **heart** and **soul**, because Thou art all-good and **worthy** of all my love. I love my **neighbor** as **myself** for love of Thee. I **forgive** all who have **injured** me and ask **pardon** of all whom I have **injured**. Amen.



Grade 4 Mysteries of the Rosary Quiz

Label the Mysteries of the Rosary

Mysteries

1. The Annunciation of the Lord to Mary
2. The Visitation of Mary to Elizabeth
3. The Nativity of our Lord, Jesus Christ
4. The Presentation of our Lord in the Temple
5. Finding the Child Jesus in the Temple (Age 12)

Mysteries

1. The Baptism of Jesus in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

Mysteries

1. The Agony of Jesus in the Garden
2. The Scourging at the Pillar
3. Jesus is Crowned with Thorns
4. Jesus Carried the Cross
5. The Crucifixion of our Lord

Mysteries

1. The Resurrection of Jesus Christ
2. The Ascension of Jesus into Heaven
3. The Descent of the Holy Spirit at Pentecost
4. The Assumption of Mary into Heaven
5. Mary is Crowned as Queen of Heaven and Earth

Grade 4 Mysteries of the Rosary Quiz

Label the Mysteries of the Rosary

Joyful Mysteries

6. The Annunciation of the Lord to Mary
7. The Visitation of Mary to Elizabeth
8. The Nativity of our Lord, Jesus Christ
9. The Presentation of our Lord in the Temple
10. Finding the Child Jesus in the Temple (Age 12)

Luminous Mysteries

6. The Baptism of Jesus in the Jordan
7. The Wedding at Cana
8. The Proclamation of the Kingdom
9. The Transfiguration
10. The Institution of the Eucharist

Sorrowful Mysteries

6. The Agony of Jesus in the Garden
7. The Scourging at the Pillar
8. Jesus is Crowned with Thorns
9. Jesus Carried the Cross
10. The Crucifixion of our Lord

Glorious Mysteries

6. The Resurrection of Jesus Christ
7. The Ascension of Jesus into Heaven
8. The Descent of the Holy Spirit at Pentecost
9. The Assumption of Mary into Heaven
10. Mary is Crowned as Queen of Heaven and Earth