

# Elementary Religious Education Standards of Learning

Grades Preschool—8

**Textbooks Approved for use in Arlington Diocese:**

*Faith and Life*, Ignatius Press

*Alive in Christ*, Our Sunday Visitor

*Christ our Life*, Loyola

*Spirit of Truth*, Sophia Press

Note: each grade builds on the previous one. Students are responsible for all content, up to and including their current grade level.

**Review Assessments (and Answer Keys) and  
Database of Glossary available at**

[www.arlingtondiocese.org](http://www.arlingtondiocese.org)

## 4. FIRST GRADE

### Standards of Learning

#### Creed

- Students will learn God created Heaven and earth; all that is visible and invisible
- Students will learn about the mystery of the Blessed Trinity
- Students will learn about Jesus, Who is True God and True Man
  - Jesus is born of the Virgin Mary
  - Jesus is the Savior
- Students will learn about the Church
  - Jesus founded the Catholic Church for the salvation of souls
  - We join the Church through Baptism
  - The church building is a sacred place where Jesus is really and truly present and where God's People gather to worship Him
- Students will learn more about the Communion of Saints:
  - God created us all to be united with Him through the life of grace, here on earth and forever in Heaven
  - Man is a body-soul unity. God dwells within us when we have His life of grace
  - The angels and the Saints are in Heaven with God
  - God gives each person a Guardian Angel to help us to get to heaven; they guide and protect us
  - Saints are people who are in Heaven because they were holy examples of discipleship; they loved God and lived holy lives. They help us with their prayers
  - God is present in His Church, and in a special way in the Blessed Sacrament
- Students will understand that Jesus gives us His life of grace through the Sacraments
- In First Grade, students should study Baptism in depth

#### Sacraments

##### Baptism

- Students will learn that Baptism takes away all sin as well as the punishment due to our sin
- Baptism fills us with God's life of grace
- By Baptism, we become children of God and members of the Church
- The Baptismal font, the holy water, the candle, and the white garment are signs of the new life in Christ

##### The Mass

- Students should understand that at Mass:
  - We hear the Word of God
  - Jesus shares Himself with us in a special way; the Holy Eucharist is Jesus
  - The Mass is celebrated in the church building, where the parish family gathers to worship God

- We must be reverent in church
- The Church celebrates Liturgical Seasons (learn the colors):
  - Advent/Purple
  - Christmas/White or Gold
  - Ordinary Time/Green
  - Lent/Purple
  - Easter/White or Gold
  - Feasts of martyrs and Pentecost, Triduum/Red
  - All Souls and Funerals/White or Purple or Black
- Holy Days of Obligations are special days, other than Sundays, when we worship God at Mass

### Penance

- We prepare for the Sacrament of Penance by saying we are sorry when we have knowingly done something wrong, and by forgiving others

### Moral Life

- God made each of us in His image. Human beings are the highest of God's earthly creatures
- God made us to know, love and serve Him so we can be happy with God forever in Heaven
- God gives us talents and gifts to share with others and to glorify Him
- Teach the students about sin:
  - Original Sin is the sin we inherit from Adam and Eve. It wounds our human nature (so we are inclined to sin) and deprives us of God's life of grace
  - Sin is when we choose to break God's law(s); it is when we say "no" to God; it is a failure to love God
  - Personal Sin is any sin we choose to do by thought, word, deed, or omission
  - Every sin hurts our relationship with God and neighbor and merits God's just punishment. Sin ruins God's plan for us to be united with Him
  - There is a difference between a sin and a mistake (an example of a sin would be taking the Lord's Name in vain, and example of a mistake would be putting salt instead of sugar in a cake)

### Optional (but recommended):

- Teach that the sins committed after baptism can be forgiven in the Sacrament of Penance/Confession
- Baptism fills us with God's life of grace (sanctifying grace)
  - God's grace helps us to live a good life here on earth as followers of Jesus
  - With God's grace, we may enter Heaven
- God gives us the Great Commandments of Love (Matthew 22:36-40); the students will memorize these:
  - You shall love the Lord with all your heart, with all your soul, with all your strength, and all your mind
  - You shall love your neighbor as yourself

## Prayer

- In addition to previously memorized prayers (see PS-K), children will memorize: Our Father (The Lord's Prayer), Hail Mary, Grace Before Meals

# Catechist Guide to Grade 1

## Creed

- Students will learn about the mystery of the Blessed Trinity:
  - There is one God; we worship God and only God
  - God has always existed, exists, and always will exist
  - Nobody made God
  - God is all-good, all-loving, all-knowing, all-powerful
  - God is in Heaven, here, and everywhere
  - God is the Creator of all things
  - God’s greatest gift to us is the gift of life—both natural life and supernatural life (sanctifying grace)
  - God is Three Divine Persons (Person answers “Who?”):
    - The First Divine Person is God the Father
    - The Second Divine Person is God the Son
    - The Third Divine Person is God the Holy Spirit
- Students will learn about the Incarnation:
  - God the Son (the Second Person of the Holy Trinity) became man as the Divine Person of Jesus
  - Jesus is fully God and fully man
  - Jesus was conceived in the womb of Mary, who was kept free from Original Sin
  - Jesus was born of the Virgin Mary in a stable in Bethlehem
  - Mary is rightfully called the Mother of God; Jesus made her our mother, too
  - Jesus’ life, deeds, and teaching reveal God’s love and plan for us
  - Jesus suffered and died to atone for Adam’s sin and to win for us the life of grace
  - Jesus rose from the dead, and ascended to Heaven; He will come again
- Students will learn about the Church:
  - Jesus founded the Catholic Church for the salvation of souls
  - God the Father and God the Son sent the Holy Spirit to continue the work of Jesus through the Church
  - The Church teaches us the truth revealed by Christ, and dispenses the grace He won for us
  - We join the Church through Baptism
  - The church building is a sacred place where Jesus is really and truly present and where God’s People gather to worship Him
- Students will learn more about the Communion of Saints:
  - God created us all to be united with Him through the life of grace, here on earth and forever in Heaven
  - Man is a body-soul unity. God is within us when we have His grace within us
  - God is in Heaven with the angels and the Saints
  - God gives each person a Guardian Angel to help us to get to heaven; they guide and protect us
  - Saints are people who are in Heaven because they were holy examples of discipleship; they lived holy lives

- The saints help us with their prayers and we should ask them to pray for us
- God is present in His Church, and in a special way in the Blessed Sacrament

## Sacraments

- Students will understand that Jesus gives us His life of grace through the Sacraments
- In First Grade, students should study Baptism in depth

### Baptism

*Suggested reading: The Baptism of our Lord with an emphasis on “This is My Beloved Son, in Whom I am well pleased” (Matthew 3:13-17), and The Great Commission (Matthew 28:18-20).*

**Definition:** Baptism is the Sacrament instituted by Jesus to wash away our sins (and the punishment due to them) and to fill us with His life of grace

**Sign:** Water (matter) poured over the head of the person (or a person is immersed in water) three times while minister says, “[Name], I baptized you in the Name of the Father, and of the Son, and of the Holy Spirit. Amen” (form).

**Minister:** Ordinarily, a priest or deacon will baptize, but in case of an emergency any person can baptize an unbaptized person.

**Institution:** Jesus gave the Great Commission, saying “Go forth and baptize all nations... in the Name of the Father, and of the Son, and of the Holy Spirit” (Mt 28:18-20).

### Suggested

- The three types of Baptism are: the Sacrament of Baptism (by water); Baptism by Desire (when one who has pursued union with our Lord dies before they received Sacramental Baptism); and Baptism by Blood (when one dies as a martyr for the faith)
- Baptism is necessary for salvation
- There are two anointings in Baptism: first with the Oil of Catechumens (during the exorcism), then the anointing with Sacred Chrism after the Baptism

### **Effects:**

- Baptism takes away all sin (Original Sin and personal sin) as well as the punishment due to our sins
- Baptism fills us with God’s life of grace (sanctifying grace)
  - God’s grace helps us to live a good life here on earth as followers of Jesus
  - With God’s grace, we may enter Heaven
- When we are baptized, God gives us three gifts to direct our hearts to God, the Theological Virtues:
  - Faith: To believe in God
  - Hope: To trust in God and His Promises
  - Charity: To love God above all things and our neighbors for love of God
- Baptism initiates us (makes us members) into:
  - God’s Church, which is the people of God
  - God’s family, as we are adopted sons/daughters of God

- The Baptismal font, the holy water, the candle, and the white garment are signs of the new life in Jesus

### The Mass

- By the end of First Grade, should understand that at Mass:
  - We hear the Word of God
  - Jesus shares Himself with us in a special way
  - The Holy Eucharist is Jesus
  - The Mass is celebrated in the church building, where the parish family gathers to worship God
  - We must be reverent in church
  - The Church celebrates Liturgical Seasons (learn the colors):
    - Advent/Purple
    - Christmas/White or Gold
    - Ordinary Time/Green
    - Lent/Purple
    - Easter/White or Gold
    - Feasts of martyrs and Pentecost, Triduum/Red
    - All Souls and Funerals/White or Purple or Black
  - Holy Days of Obligations are special days, other than Sundays, when we worship God at Mass

### Penance

- We prepare for the Sacrament of Penance by recalling our sins (examination of conscience), by repenting (being sorry for our sins) and by deciding to not sin again (amendment)
- Encourage children to say they are sorry when they knowingly do something wrong, and to forgive others

### Moral Life

- God made each of us in His image and likeness
- Human beings are the highest of God's earthly creatures
- God made us to know, love and serve Him so we can be happy with God forever in Heaven
- God gives us talents and gifts to share with others and to glorify Him
- Teach the students about sin:
  - Original Sin is the sin we inherit from Adam and Eve
  - It wounds our human nature (so we are inclined to sin) and deprives us of God's life of grace
  - Sin is when we choose to break God's law(s); it is when we say "no" to God; it is a failure to love God
  - Personal Sin is any sin we choose to do by thought, word, deed, or omission
  - Every sin hurts our relationship with God and neighbor and merits God's just punishment
  - Sin ruins God's plan for us to be united with Him
  - There is a difference between a sin and a mistake (An example of a sin would be taking the Lord's Name in vain, and example of a mistake would be putting salt instead of sugar in a cake)

- Baptism takes away all sin (Original Sin and personal sin) as well as the punishment due to our sins
  - Optional (but recommended):
    - *Teach that the sins committed after baptism can be forgiven in the Sacrament of Penance/Confession*
- Baptism fills us with God's life of grace (sanctifying grace)
  - God's grace helps us to live a good life here on earth as followers of Jesus
  - With God's grace, we may enter Heaven
- God gives us the Great Commandments of Love (Matthew 22:36-40); the students will memorize these:
  - You shall love the Lord with all your heart, with all your soul, with all your strength, and all your mind
  - You shall love your neighbor as yourself
- The theological virtues (see Baptism, above)
- Throughout the year, reinforce the virtues of obedience and gratitude

## Prayer

- Prayer is speaking with God and listening to Him
- Silence helps us to pray and be close to God
- We can pray with others or alone and we can pray anywhere
- Children will learn how to genuflect and properly make the Sign of the Cross
- The Catholic Church is the most sacred place for prayer because Jesus is present in the tabernacle
- In addition to previously memorized prayers (see PS-K), children will memorize: Our Father (The Lord's Prayer), Hail Mary, Grace Before Meals
- Students will learn/review the Liturgical Seasons and their colors: Advent (purple), Christmas (gold/white), Ordinary Time (green), Lent (purple), Martyrs, Pentecost and Triduum (red), Easter (gold/white), All Souls/Funerals (white, purple or black)

## Suggested:

- Advent is when we pray for the coming of Jesus
  - Students may learn about the Advent wreath
- Christmas is when we celebrate the birth of Jesus
  - Students may learn about the Nativity scene
  - Students may learn Christmas hymns
- Lent is when we prepare for Easter
  - Students may learn about the Lenten practices of Penance, Prayer, and Almsgiving
- Easter is when we celebrate the Resurrection of Jesus
  - Students may learn about Easter flowers
  - Students may learn Easter hymns
- Ordinary Time is when we study the life and teachings of Jesus
- Students should study the Saints throughout the year (at this age, aligning Saints with secular celebrations brings religious meaning to these holidays), such as:

- September: Sts. Michael, Gabriel, Raphael
- October: All Saints (Eve)
- November: All Souls
- December: St. Nicholas
- January: Mary, Mother of God
- February: St. Valentine
- March: St. Patrick
- April: St. George
- May: St. Joseph the Worker

*Optional: Students may be introduced to Stations of the Cross and the Rosary.*

## First Grade Prayers to Memorize

### When/How to Genuflect:

- ☐ A genuflection is made by bending the right knee to the ground (while facing the Blessed Sacrament)
- ☐ We genuflect when we pass before the Blessed Sacrament, and when we enter/exit our pews at church (when the Blessed Sacrament is reserved in the tabernacle)
- ☐ When the Blessed Sacrament is exposed (in a Monstrance for public adoration), then we kneel on both knees

*Note: We may also genuflect to the Holy Cross during the liturgical celebration of Good Friday until the beginning of Easter Vigil. Sometimes, when we recite the Creed (on the Annunciation and Christmas) we genuflect at the words “and by the Holy Spirit was incarnate of the Virgin Mary, and became man.”*

### How to make the Sign of the Cross:

To make the Sign of the Cross, using the right hand, touch the forehead while saying, “In the Name of the Father,” then touch the heart and say, “and of the Son,” then touch the left then right front of the shoulders while saying, “and of the Holy Spirit. Amen.” This prayer recalls the mystery of the Trinity and traces the Cross of Christ over the one who prays.

### Grace before Meals

Bless us O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ our Lord. Amen.

### Optional: Grace After Meals

We give Thee thanks for all Thy benefits, O Almighty God, Who livest and reignest, world without end. Amen. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

### Our Father (The Lord’s Prayer)

Our Father, Who art in Heaven,  
Hallowed by Thy Name.  
Thy Kingdom come.  
Thy Will be done, on earth as it is in Heaven.  
Give us this day our daily bread.  
And forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation but deliver us from evil. Amen.

### Hail Mary

Hail Mary, full of grace, the Lord is with thee.  
Blessed art thou among women and blessed is the Fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

### Optional: Spiritual Communion

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You.

# Grade 1 Assessments

## Grade 1 Creed Test

*Teacher may read these statements to the student.*

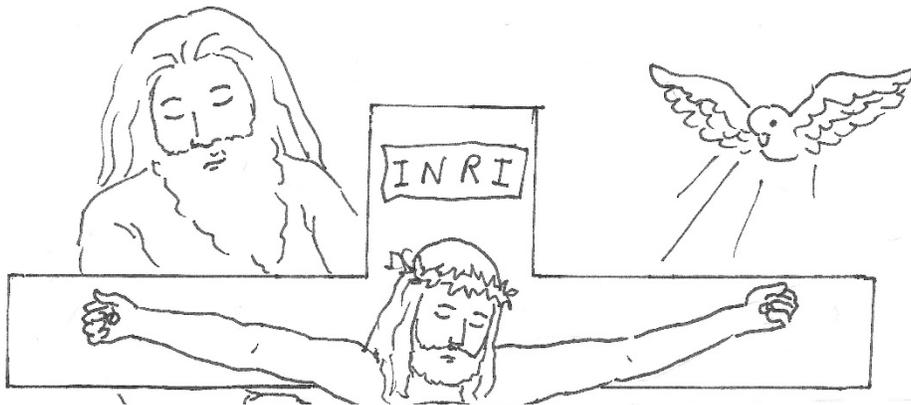
### True or False:

- T F      1. There is one God.
- T F      2. God is Four Divine Persons.
- T F      3. God always existed, still exists, and will always exist.
- T F      4. God is in Heaven, here, and everywhere.
- T F      5. God loves you very much!

### Label the three Divine Persons of the Blessed Trinity:

\_\_\_\_\_

\_\_\_\_\_



#### Word Bank:

Holy

Spirit

Father

Son

**Multiple Choice: Choose the BEST answer.**

1. Jesus is:
  - a. The Son of Mary.
  - b. True God and true man.
  - c. Both a. and b.
  
2. Mary is:
  - a. The Mother of God.
  - b. Without Original Sin.
  - c. Both a. and b.
  
3. Joseph is:
  - a. The foster-father of Jesus.
  - b. The husband of Mary.
  - c. Both a. and b.
  
4. Jesus, Mary and Joseph are:
  - a. The Blessed Trinity.
  - b. The Holy Family.
  - c. Both a. and b.
  
5. Jesus founded the Catholic Church:
  - a. To save souls.
  - b. To lead countries.
  - c. Both a. and b.

**Number these events to put them in order (with 1 being first and 4 being last).**

\_\_\_\_\_. Jesus taught us all that we need to know so we can know God God's love and plan for us.

\_\_\_\_\_. Jesus suffered and died for our sins, and rose from the dead so we can live with God forever in Heaven.

\_\_\_\_\_. An angel announced to Mary God's plan for her to be the mother of the Savior, and she said, "Yes!"

\_\_\_\_\_. Jesus was born in a stable in Bethlehem.

## Grade 1 Creed Test – Answer Key

*Teacher may read these statements to the student.*

### True or False:

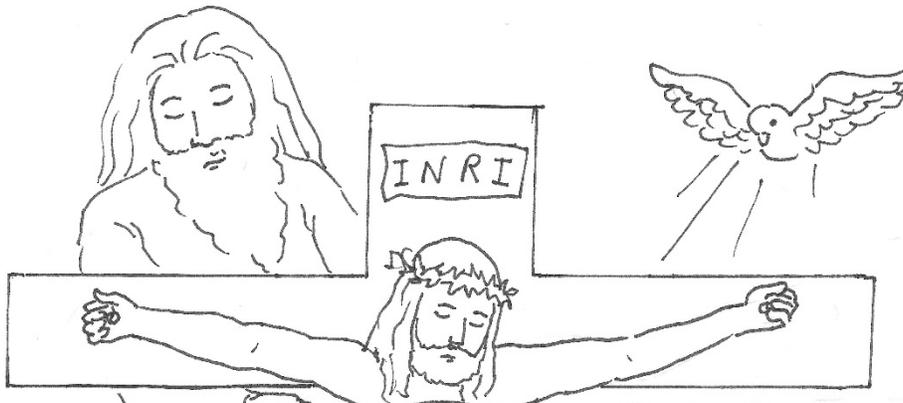
- T** 1. There is one God.
- F** 2. God is Four Divine Persons.
- T** 3. God always existed, still exists, and will always exist.
- T** 4. God is in Heaven, here, and everywhere.
- T** 5. God loves you very much!

### Label the three Divine Persons of the Blessed Trinity:

**FATHER**

**SON**

**HOLY  
SPIRIT**



Word Bank:

Holy

Spirit

Father

Son

**Multiple Choice: Choose the BEST answer.**

1. Jesus is:

- a. The Son of Mary.
- b. True God and true man.
- c. Both a. and b.**

2. Mary is:

- a. The Mother of God.
- b. Without Original Sin.
- c. Both a. and b.**

3. Joseph is:

- a. The foster-father of Jesus.
- b. The husband of Mary.
- c. Both a. and b.**

4. Jesus, Mary and Joseph are:

- a. The Blessed Trinity.
- b. The Holy Family.**
- c. Both a. and b.

5. Jesus founded the Catholic Church:

- a. To save souls.**
- b. To lead countries.
- c. Both a. and b.

**Number these events to put them in order (with 1 being first and 5 being last).**

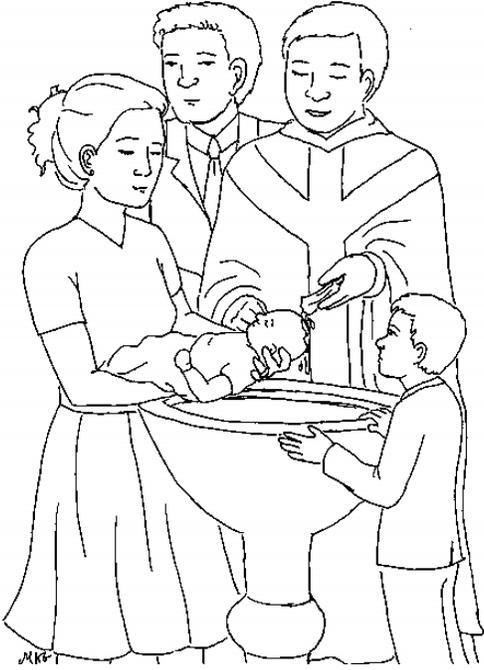
**3.** Jesus taught us all that we need to know so we can know God God's love and plan for us.

**4.** Jesus suffered and died for our sins, and rose from the dead so we can live with God forever in Heaven.

**1.** An angel announced to Mary God's plan for her to be the mother of the Savior, and she said, "Yes!"

**2.** Jesus was born in a stable in Bethlehem.

## Grade 1 Baptism Quiz



1. Jesus came to save us from \_\_\_\_\_.
2. We are all \_\_\_\_\_ with Original Sin
3. To go to heaven, we need God's Life in our soul, called \_\_\_\_\_.
4. \_\_\_\_\_ washes away all sin and gives us grace.
5. To keep God's life of grace, I \_\_\_\_\_ God's laws.
6. When I was baptized, \_\_\_\_\_ was poured over my head three times while the minister said, "[\_\_\_\_\_], I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit. Amen."
7. At Baptism I became a \_\_\_\_\_ of God and member of His \_\_\_\_\_.

### WORD BANK

GRACE      BORN      OBEY      SIN      BAPTISM  
CHURCH      WATER      NAME      CHILD

## Grade 1 Baptism Quiz - Answer Key



1. Jesus came to save us from **SIN**.
2. We are all **BORN** with Original Sin
3. To go to heaven, we need God's Life in our soul, called **GRACE**.
4. **BAPTISM** washes away all sin and gives us grace.
5. To keep God's life of grace, I **OBEY** God's laws.

6. When I was baptized,

**WATER** was poured over my head three times while the minister said,

“**[NAME]**, I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit. Amen.”

7. At Baptism I became a **CHILD** of God and member of His **CHURCH**.

### WORD BANK

GRACE      BORN      OBEY      SIN      BAPTISM  
CHURCH      WATER      NAME      CHILD

## Grade 1 Moral Life Test

*Teacher may read these statements to the students.*

**Please Circle the correct answer: Yes or No**

Yes No 1. God made Adam and Eve with grace.

Yes No 2. God makes us to know Him, love Him, and serve Him so we can be happy with God forever in Heaven.

Yes No 3. Adam and Eve sinned; this is Original Sin

Yes No 4. Original Sin deprives us of God's grace.

Yes No 5. We need grace to live with God forever in Heaven.

Yes No 6. Grace helps us to live a good life here on earth as followers of Jesus.

Yes No 7. We can give ourselves grace.

Yes No 8. Sin is when we say "no" to God; it is a failure to love.

Yes No 9. Sin ruins God's plan for us to be united with Him.

Yes No 10. I can choose to not sin.

**Jesus gave us the Great Commandment. Complete it here:**

You shall love the \_\_\_\_\_ with all your \_\_\_\_\_,

with all your \_\_\_\_\_, with all your strength,

and all your \_\_\_\_\_.

You shall \_\_\_\_\_ your neighbor as yourself.

### WORD BANK:

SOUL

LORD

HEART

MIND

LOVE

## Grade 1 Moral Life Test – Answer Key

Please Circle the correct answer: Yes or No

- Yes** 1. God made Adam and Eve with grace.
- Yes** 2. God makes us to know Him, love Him, and serve Him so we can be happy with God forever in Heaven.
- Yes** 3. Adam and Eve sinned; this is Original Sin
- Yes** 4. Original Sin deprives us of God's grace.
- Yes** 5. We need grace to live with God forever in Heaven.
- Yes** 6. Grace helps us to live a good life here on earth as followers of Jesus.
- No** 7. We can give ourselves grace.
- Yes** 8. Sin is when we say "no" to God; it is a failure to love.
- Yes** 9. Sin ruins God's plan for us to be united with Him.
- Yes** 10. I can choose to not sin.

**Jesus gave us the Great Commandment. Complete it here:**

You shall love the **LORD** with all your **HEART**,

with all your **SOUL**, with all your strength,

and all your **MIND**.

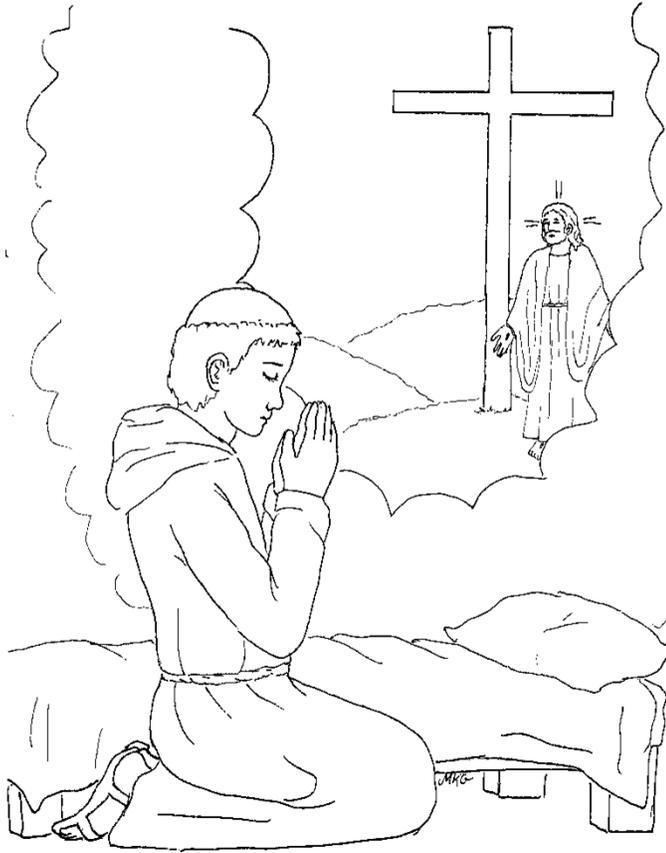
You shall **LOVE** your neighbor as yourself.

WORD BANK:

SOUL    LORD    HEART    MIND    LOVE

## Grade 1 Prayer Test

1. Prayer is when we:
  - a. Talk to God.
  - b. Listen to God.
  - c. Both.
2. We can pray:
  - a. Everywhere.
  - b. Anytime.
  - c. Both.
3. We can pray:
  - a. Alone.
  - b. With others.
  - c. Both.
4. I must pray with:
  - a. My heart.
  - b. My mind.
  - c. Both.



**Draw a line from the Liturgical Season to its color:**

Advent and Lent

Purple

Christmas and Easter

Green

Ordinary Time

Gold/White

## Grade 1 Prayer Test – Answer Key

5. Prayer is when we:

- a. Talk to God.
- b. Listen to God.
- c. **Both.**

6. We can pray:

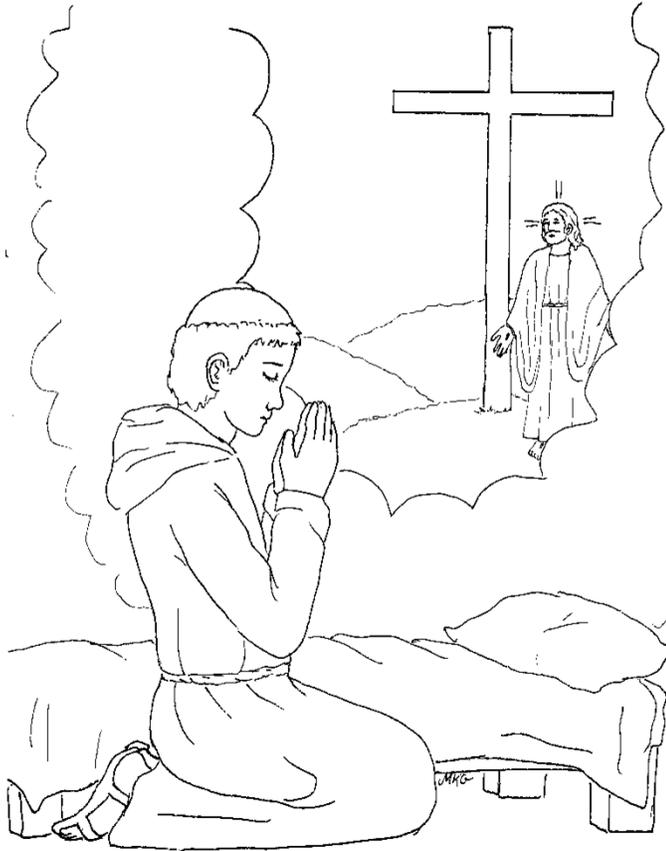
- a. Everywhere.
- b. Anytime.
- c. **Both.**

7. We can pray:

- a. Alone.
- b. With others.
- c. **Both.**

8. I must pray with:

- a. My heart.
- b. My mind.
- c. **Both.**



**Draw a line from the Liturgical Season to its color:**

Advent and Lent \_\_\_\_\_ Purple

Christmas and Easter ~~\_\_\_\_\_ Green~~

Ordinary Time ~~\_\_\_\_\_ Gold/White~~

## Grade 1 Our Father Test

Fill in the blank. Check the box if this line is memorized.

Our \_\_\_\_\_ Who art in Heaven.

Hallowed be Thy \_\_\_\_\_.

Thy \_\_\_\_\_  
come.

Thy Will be done on earth as it is in  
\_\_\_\_\_.

Give us this day our daily  
\_\_\_\_\_.

And \_\_\_\_\_ us  
our trespasses

As we forgive those who trespass  
against us.

And \_\_\_\_\_ us not into  
temptation

But deliver us from \_\_\_\_\_.

Amen



### Word Bank:

Name

Heaven

Evil

Kingdom

Bread

Father

Forgive

## Grade 1 Our Father Test – Answer Key

*This prayer may be tested orally.*

*Fill in the blank. Check the box if this line is memorized.*

- Our **Father** Who art in Heaven.
- Hallowed be Thy **Name**.
- Thy **Kingdom** come.
- Thy Will be done on earth as it is in **Heaven**.
- Give us this day our daily **bread**.
- And **forgive** us our trespasses
- As we forgive those who trespass against us.
- And **lead** us not into temptation
- But deliver us from **evil**.
- Amen.



### Word Bank:

Name

Heaven

Evil

Kingdom

Bread

Father

Lead

Forgive

## Hail Mary Test

This prayer may be tested orally.  
Fill in the blank. Check the box if the  
line of the is memorized.

### Word Bank:

Fruit  
God  
Mother  
Mary  
Lord  
Blessed  
Amen  
Women  
Jesus  
Grace  
Sinners  
Pray



Hail \_\_\_\_\_,

full of \_\_\_\_\_

\_\_\_\_,

the \_\_\_\_\_ is with thee.

\_\_\_\_\_ art thou among

\_\_\_\_\_,

And blessed is the \_\_\_\_\_ of thy womb,

\_\_\_\_\_.

Holy Mary, \_\_\_\_\_ of God,

\_\_\_\_\_ for us \_\_\_\_\_,

now and at the hour of our death. \_\_\_\_\_.

## Hail Mary Test – Answer Key

This prayer may be tested orally.  
Fill in the blank. Check the box if  
the line of the is memorized.

### Word Bank:

Fruit  
God  
Mother  
Mary  
Lord  
Blessed  
Amen  
Women  
Jesus  
Grace  
Sinners  
Pray



- Hail **Mary**,
- full of **grace**,
- the **Lord** is with thee.
- Blessed** art thou among  
**women**,
- And blessed is the **fruit** of thy womb,  
**Jesus**.
- Holy Mary, **Mother** of God,
- Pray** for us **sinners**,
- now and at the hour of our death. **Amen**.

## Grade 1 Grace Before Meals Test

*This prayer may be tested orally.*

**Fill in the blank. Check each box if this line is memorized.**

- \_\_\_\_\_ us O Lord,
- And these thy \_\_\_\_\_,
- Which we are about to \_\_\_\_\_,
- From thy \_\_\_\_\_
- Through Christ our \_\_\_\_\_. Amen.

### WORD BANK

BLESS  
RECEIVE  
GIFTS  
BOUNTY  
LORD



## Grade 1 Grace Before Meals Test – Answer Key

*This prayer may be tested orally.*

**Fill in the blank. Check each box if this line is memorized.**

- Bless us O Lord,
- And these thy gifts,
- Which we are about to receive,
- From thy bounty
- Through Christ our Lord. Amen.

### WORD BANK

BLESS

RECEIVE

GIFTS

BOUNTY

LORD



## Color the Liturgical Calendar

*This may be sent home as a reinforcement activity.*

Ordinary Time is a season of hope, life and growth.

What color is it? \_\_\_\_\_ Color both on the calendar.

Advent and Lent are seasons for preparation and penance.

What color are they? \_\_\_\_\_ Color them on the calendar.

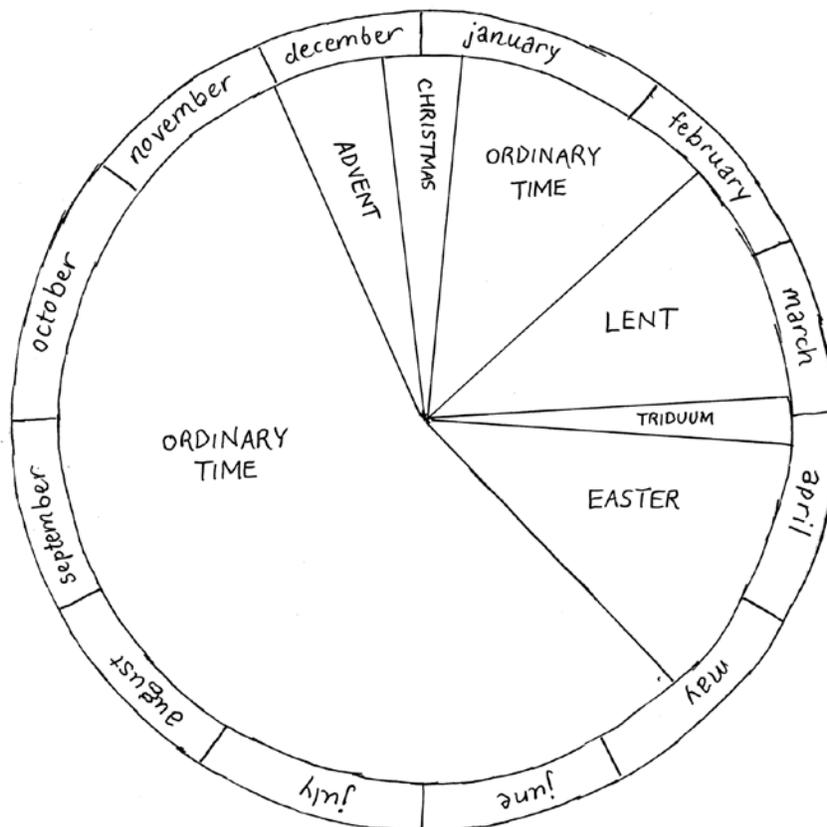
Christmas and Easter remind us of joy and purity.

What color are they? \_\_\_\_\_ Color them on the calendar.

The Triduum is when we recall Jesus' sacrifice.

What color it is? \_\_\_\_\_ Color it on the calendar.

Extra credit: Is the Triduum before or after Easter? \_\_\_\_\_



## 5. SECOND GRADE

### Standards of Learning

#### Creed

- Students will deepen their understanding of the mystery of the Blessed Trinity
  - A mystery is a truth revealed by God, which is beyond our reason but not contrary to it
- God's plan for man and woman
- Students will review Original and Actual sin:
  - Review that God created angels. Angels are invisible spirits. God made them as His helpers and messengers
  - Some angels chose to rebel against God, led by Satan (the Devil)
  - God has given each of us a guardian angel to help us to get to Heaven
  - *Review the account of Adam and Eve (Genesis 2:4-3:24)*
    - *Discuss God's original plan for Adam and Eve (see Old Testament above)*
    - *Review the Fall and Original Sin*
    - *God is all-merciful; He promised a Savior*
  - We all inherit Original Sin from Adam and Eve, and their punishment for this sin
  - We are born with a wounded human nature (making us inclined to sin) and without grace
  - Baptism removes Original Sin and fills us with grace
    - Our inclination to sin remains, which is called concupiscence
    - Sins committed after Baptism can be forgiven in the Sacrament of Penance
- Review the Incarnation (Gr. 1)
- Teach the Marian Dogmas
- Students will learn about the Pascal Mystery: the Passion, Death, Resurrection and Ascension of Jesus Christ, true God and true man
- Students will learn about the Church:
  - Jesus founded the Catholic Church, with the Apostle Peter as the first pope, the Vicar of Christ
  - The pope is the visible head of the Church and the successor of St. Peter
  - Teach the children the name of the current pope
  - The Church is the group of baptized persons, who are united in faith and worship under the direction of the pope
- Students will learn more about the Communion of Saints:
  - God created us all to be united with Him here on earth through the life of grace and forever in Heaven
  - At the end of this life, we will have a particular judgment. Jesus will judge our thoughts, words, deeds and omissions. At death, our bodies and souls separate; the body will die, but the soul will live forever according to its just reward
    - Those who die in the state of grace will go to Heaven to be with God and the angels and Saints
    - Those who die in the state of grace and who are perfect (without any punishment due to sin) will go straight to Heaven

- Those who die in the state of grace, but still have punishment due to venial sins and forgiven mortal sins will go to Purgatory, where they will be made perfect so they can enter Heaven
- Those who die in the state of unrepentant mortal sin, and who have separated themselves from God, will remain separated from God for all eternity in Hell

## Sacraments

In Second Grade, students should prepare to receive the Sacraments of Penance and Holy Communion/the Holy Eucharist.

For each Sacrament, students must learn:

- The institution of Sacrament
- The sacramental sign and minister
- The effects of the Sacrament
- The rite of the Sacrament

Students must learn about the Mass:

- The two parts of the Mass
- The four ends of the Mass
- The Paschal Mystery is celebrated at Mass
- How to participate in the Mass

## Moral Life

- Sin is when we choose to break God's laws (e.g., The Ten Commandments, see below); sin is an offense against God
  - We can sin by our thoughts, words, deeds, and omissions (what we fail to do)
  - God hates sin, but is patient with sinners. We too should hate sin and be patient with sinners
  - There are two kinds of sin: mortal sin and venial sin
- Students will learn and memorize the Ten Commandments, which are God's laws of love for all His people
- Jesus is our model of love and goodness
- The Sacrifice of Jesus on the Cross is the source of the forgiveness of sins

## Prayer

- Prayer is lifting our hearts and minds to God. We speak with and listen to God
- God hears our prayers and wants us to pray to Him every day
- We can ask Mary and the Saints to pray for us, especially in times of need or temptation
- The Mass is the greatest prayer, the center of the Church's life
- The Lord's Prayer was given to us by Jesus

- In addition to previously learned prayers, the student will memorize the prayers: Act of Contrition (full form), Short Prayers to Memorize.
- Students should be able to identify the words of Absolution